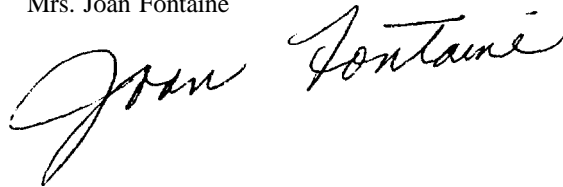


Jane Henney, M. D.  
Commissioner  
Food and Drug Administration  
5600 Fishers Lane, Room 1471  
Rockville MD 20857

I'm writing to say that I am in favor of the FDA promptly approving claims filed for saw palmetto and the symptoms of benign Prostatic hyperplasia; psyllium husk seeds and the risk of heart disease; folic acid, vitamin B6 and vitamin B 12 and cardiovascular Disease; and vitamin E and the risk of cardiovascular disease. I think that we the people need to know the proper information **concern** ing these nutraceuticals that are good for our bodies. Remember that the Lord put those plants here first for our physical fitness. It has always seemed funny to me that the government has to tell you what you can put in your mouth and what **yod** can't.

Wanting Freedom in Our Own Health Care

Mrs. Joan Fontaine



99P-3029

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CROSS FILE SHEET

File Number: 99P-3029/c

See File Number: 99P-3030/c